Advancing School Mental Health and Positive Behavioral Interventions & Supports (PBIS) Together

Mark D. Weist, University of South Carolina
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“Expanded” School Mental Health (SMH)

• Community mental health providers joining schools to enhance/expand services for students in general and special education

• Reflecting a “shared agenda” involving school-family-community system partnerships
Advantages

• Improved access, decreased burden to receive care
• Improved early identification/intervention
• Reduced barriers to learning, and achievement of valued outcomes
• WHEN DONE WELL
But

• SMH programs and services continue to develop in an ad hoc manner, and

• LACK AN IMPLEMENTATION STRUCTURE
Positive Behavior Intervention and Support (www.pbis.org)

- In 18,000 plus schools
- Decision making framework to guide best practices for improving academic and behavioral functioning
  - Focus on outcomes important for education
  - Evidence-based practices with fidelity
  - Data-based decision making
  - Strategic and systems-focused implementation
Advantages

• Promotes effective decision making
• Reduces punitive approaches
• Improves student behavior
• Improves student academic performance
• WHEN DONE WELL
But

• Many schools implementing PBIS lack resources and struggle to implement effective interventions at Tiers 2 and 3
Key Rationale

• PBIS and SMH systems are operating separately
• Results in ad hoc, disorganized delivery of SMH and contributes to lack of depth in programs at Tiers 2 and 3 for PBIS
• By joining together synergies are unleashed and the likelihood of achieving depth and quality in programs at all three tiers is greatly enhanced
ADVANCING EDUCATION EFFECTIVENESS:
INTERCONNECTING SCHOOL MENTAL HEALTH AND SCHOOL-WIDE POSITIVE BEHAVIOR SUPPORT

EDITORS: SUSAN BARRETT, LUCILLE EBER & MARK WEIST
Federal Support for SMH/PBIS

• White House Now is the Time Report (2013)
• National Centers
• Investments by Diverse Agencies (HRSA/MCHB, USDOE/OSEP/OSHS, CDC, SAMHSA, NIH/NIMH/NICHD, IES)
National Centers and 2015 Conferences

• PBIS National Technical Assistance Center
  – October 22-23, Chicago, pbis.org

• University of Maryland Center for School Mental Health
  – November 5-7, New Orleans, csmh.umaryland.edu
The 9th World Congress on the Promotion of Mental Health and the Prevention of Mental and Behavioural Disorders

“Global Knowledge for Local Change”

September 9-11, 2015
Columbia, South Carolina, USA

The Congress will focus on international research in the areas of:
1. Integrated Health
2. Positive Psychology
3. School Mental Health
4. Social and Technological Innovation
5. Underserved Populations
6. Well-being

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Contact Information:
Clifford Beers Initiative at the University of South Carolina
mhworldcongress2015@gmail.com
(803) 777-0449

Featured keynote presenters:

Catherine Bradshaw, Ph.D., M.Ed.
University of Virginia
“Preventing Behavior and Mental Health Problems through Improved School Climate”

Vani Jain, M.Ed.
J.W. McConnell Family Foundation
“Social Labs: An Innovative Approach to Help Advance School Mental Health”

Ian Manion, Ph.D.
Ontario Centre of Excellence for Child and Youth Mental Health
“Effective Mental Health Promotion through Meaningful Youth Engagement”

Don Wetzel, Jr., M.A.
American Indian Youth Development Coordinator
Montana Office of Public Instruction
“Mental Health Promotion in Indian Country”